

42TH EDITION

OCTOBER 2024

FOURWALL

M A G A Z I N E

**THE BIG
FASHION
SHOW FOR
2024**

***SPECIAL
ISSUE***

**RUNWAY
ROYALTY**

*Celebrating the
diversity and power
of models.*

**Where Beauty
Meets Runway**
*Capturing the
Essence of
Fashion's Elite*

**BEYOND THE
CATWALK:**

*Former miss kenya rocking the
international runway*

**AIS
ELESHIA**

*from aspiring
model to rocking
international
runways*

**DEVELOPING YOUR
STYLE**

**RISE OF
FASHION
INDUSTRY**

Our magazine aims to promote and create awareness for models to gain exposure, recognition and attract attention of potential clients and brands.



PHOTOGRAPHER

SPECIAL ISSUE

OCTOBER 2024

FOURWALL

42TH EDITION

GAZINE

*Get
the
Crown*

*Insider Tips
from top
Queen on
how to win
a pageant*

Our Glory Our Crown

WINNERS, MOST VIBRANT
QUEEN INTERNATIONAL

- QUEEN CHIOMA OKORO
- QUEEN ESTHER CHAMBERLIN
- QUEEN FAITH UDUMA

+
20

WAYS
TO STAND OUT
FROM OTHERS
MODELS

Our magazine aims to promote and create awareness for models to gain exposure, recognition and attract attention of potential clients and brands.





F

MAGAZINE

STENTS CONTENT

"Make yourself seen and heard."

– @fourwallmag

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EDITOR'S NOTE

W

elcome to the 42nd edition
October 2024 special issue of
Fourwall Magazine featuring
the winners of Most Vibrant

Queen International 2024 and Eleshia
Ais, international model.

In a world that constantly urges us to
compare ourselves with others, its
essential to remember that each one
of us walks a different path. Our
journey is uniquely ours, shaped by
our experiences, passions, and
dreams. In this edition, e celebrate
the spirit of individuality and delve
into stories that inspire us to compete
not with others, but with ourselves.

Our cover personalities, exemplifies
the beauty of self-competition,
sharing how they finds fulfilment by
measuring their progress against their
own goals rather than comparing
themselves to others. In a candid
interview, they reveals their secrets to
winning pageant and proving that true
success lies in pursuing our personal
best. Let us remind ourselves that our
journey is our own.



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WINNERS, MOST VIBRANT QUEEN INTERNATIONAL

CROWN, SASH, AND PRESTIGE

A portrait of Queen Chioma Williams Okoro, the 2024 Most Vibrant Queen International. She is wearing a large, ornate blue and silver tiara and a gold and silver beaded necklace. She has dark hair and is looking directly at the camera with a slight smile.

EXCLUSIVE INTERVIEW WITH

QUEEN CHIOMA WILLIAMS OKORO

WINNER, MOST VIBRANT
QUEEN INTERNATIONAL
2024

CONGRATULATIONS FOR EMERGING MOST VIBRANT QUEEN INTERNATIONAL, HOW DO YOU FEEL ABOUT THIS WINNING?

Thank you, I feel ecstatic and overwhelmed. It really feels good.

TELL US ABOUT YOURSELF?

I am Chioma Williams, from Ebonyi state, I am 27 and I am the first child of the family of eight. I am currently an accountant soon to be chartered and I love shopping, traveling and pageantry.

WHAT WERE THE CHALLENGES YOU FACED DURING THE CONTEST AND HOW YOU OVERCAME THEM?

My body size and finances were my greatest challenges. But I conquered them. Firstly being chubby and huge is a good thing but sometimes attract body shaming to you and body shaming can be amazingly hurting and damaging. I know how many times I've tried exercising, taking different drugs and slimming teas but instead they got me more chubbier than before. So I had to accept myself the way I am, loved and took Care of myself like



WHAT WOULD YOU SAY STOOD YOU OUT FROM OTHER CONTESTANTS?

My intimidation was my uniqueness, yes I felt it, my size, outspokenness coupled with my jovianess, to cut it short, I was amazingly intimidating to everyone I come across.

HOW WAS THE BONDING WITH OTHER CONTESTANTS?

Very good, I bonded with them very well. I bonded with them not like my competitors but like my girlfriends.

WHAT WAS YOUR BEST MOMENTS DURING THE PAGEANT?

When I was pronounced the winner, it felt like I was dreaming Because..... The judges are extraordinary, I tried to gain eye contact with them, I tried to impress them but when they were compiling the results, they were pointing towards other contestants not even a reassuring glance at me, I was hopeless on stage, the first thing that ran through my mind was my body size has restricted me again, but I immediately brightened up, prayed to God in my heart, said some reassuring words to myself and smiled again, just then I heard "Miss Nigeria" I was overjoyed!

WHAT DO YOU THINK THE JUDGES WERE LOOKING OUT TO SELECT A WINNER?

I wasn't in the head of the judges naa but looking at myself as the winner, I think they were looking to select someone with another level of uniqueness, vibrant mentally, socially, academically, emotionally, physically and communication.

“

I want to be part of those foundations that makes education easier for our children. So I will send some children back to school and provide them with their necessities.

never before. I embraced confidence with a touch of pride. And for the finances, it wasn't easy. I thank God for my job and for the course I studied. Studying accounting really made me a money mathematician.

When I decided to partake in the contest, finances kept making me loose hope. Until I came across someone sharing how COWRYWISE helped her save 100k in one month even when she wasn't serious about it.

I downloaded the app, registered, set my target and maturity month, I linked my account to the app and it was deducting the amount from my account. And exactly 19th September, I saved more than enough for the whole expenses.

I overcame financial issues by embracing planning through savings.

HOW LONG HAVE YOU BEEN IN THE MODELING?

2018-date (that should be 7 years)

WHAT DOES WINNING THIS PAGEANT MEAN TO YOU?

it means a lot to me, it taught me to be consistent in achieving whatsoever I want to achieve. And this crown was my biggest motivation, I love big crowns.

NOW YOU HAVE BEEN CROWNED, WHAT PROJECT DO YOU HAVE IN PLAN TO CARRY OUT?

Firstly I want to be part of those foundations that makes education easier for our children. So I will send some children back to school and provide them with their necessities.

Secondly, I will reach out widows in my community and conduct free medical checkup for them and get some gifts for them

Thirdly, I am sponsoring 5 plus size models, who are confident enough to step forward and showcase their capabilities in the next edition.

WHO IS YOUR ROLE MODEL?

In terms of finances and business, my mom is my role model. In terms of academics and achievements, Mrs Ngozi Okonji is my favorite, In terms of pageant, Miss Susan Okoro is my role model

WHAT DOES THIS SASH AND CROWN SYMBOLIZE TO YOU?

It symbolizes one of my biggest achievements. It symbolizes my efforts and strength.

IF YOU WERE NOT A MODEL, WHAT OTHER CAREER WOULD YOU HAVE PURSUED?

I would have pursued Law or business consultancy.

WHICH BRANDS ARE LOOKING FORWARD TO WORK WITH?

I will be looking forward to work with Miss grand international pageant, Virony pads, blue nun wines, Andre, Victoria secret, Zara bags, coach bags, bagco handbags, Zara dresses and tomford flat shoes. I am a fan of theirs and I've used and like their products.

WHERE DO YOU SEE YOURSELF IN THE NEXT 5 YEARS?

Married, sponsoring other models and setting up my Charity foundation

ANY MESSAGE TO ASPIRING TEEN MODELS THAT WANT TO FOLLOW YOUR FOOTSTEPS?

Dear models, pageant can be so demanding and exhausting but it has a lot of goodies at end even if you didn't emerge as a winner. You need to set your terms and work with it, have some dignity, financial support and more especially carry yourself like no other person matters. And remember God so he will remember you. Thank you





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M E E T

ELESHIA AIS



Eleshia Ais is a renowned international runway model hailing from Kenya, and she is also the former titleholder of Miss Kenya.

With her striking features and captivating presence, Eleshia has graced the covers of numerous fashion magazines and walked for top designers in fashion capitals around the world. Her journey in the fashion industry began at a young age, and her passion for modeling quickly propelled her to the international stage.

Beyond her modeling career, Eleshia is dedicated to empowering young women and advocating for education and health initiatives in her home country. She often speaks about the importance of self-confidence and the power of embracing one's unique beauty. Through her charitable work, she has become a role model for many aspiring models and young women across the globe.

Eleshia's influence extends beyond the runway as she continues to break barriers and redefine standards in the fashion industry. Her story is one of perseverance, grace, and a commitment to making a positive impact in the world.

ROCKING THE WOLRD RUNWAY



With each new project she undertakes, Eleshia inspires others to follow their dreams and to use their platforms for good. Her commitment to sustainable fashion has also made waves, as she collaborates with designers to create collections that are not only stylish but also environmentally conscious.

In her spare time, Eleshia enjoys mentoring young women, offering guidance and support as they navigate the challenges of the fashion world. She believes that true beauty comes from within and strives to instill this belief in the next generation.

Her workshops and speaking engagements are filled with uplifting messages and practical advice, ensuring that attendees leave feeling empowered and ready to conquer their own paths.

Eleshia's journey is a testament to the power of resilience and the impact one individual can have in fostering change and inspiring hope. As she continues to blaze her trail, she remains a beacon of light for those who dare to dream big and make the world a better place.

Design: Leo Almond
Event: Paris Fashion Week
Organized by: Chonabacaoco
Photos: Custer Aranas
Makeup: Rodica Vlas

Eleshia also utilizes her writing to inspire and empower women and young girls. She is the author of three books: *Choosing Me*, *Passionate of Life*, and *All for Love*.

Her works resonate with readers, offering insights and encouragement drawn from her own experiences and observations. In "*Choosing Me*," Eleshia delves into the journey of self-discovery and the importance of prioritizing one's own happiness. This book has become a beacon of hope for many who are seeking to find their true selves amidst the demands of everyday life.

"*Passionate of Life*" explores the vibrant tapestry of human emotions and the beauty that can be found in embracing each moment fully. Through poignant storytelling and heartfelt anecdotes, Eleshia invites her audience to celebrate life in all its complexity.

Lastly, "*All for Love*" examines the power of love in its various forms—romantic, platonic, and self-love. It serves as a reminder that love is a fundamental force that can transform and uplift individuals and communities alike. Eleshia's compassionate voice and genuine warmth shine through every page, making her books cherished companions for readers on their own journeys of growth and empowerment.





RUNWAY



PHOTO CREDIT

Design: Illusion Paris
 Photos: Johanmia
 Event: Paris Fashion Week
 Organized by: Madison Harley

Design: Troy Anthony
 Event: Milan City Fashion Week
 Organized by: B2 Events

Design: Leo Almond
 Event: Paris Fashion Week
 Organized by: Chonabacaoco
 Photos: Custer Aranas
 Makeup: Rodica Vlas

Design: Illusion Paris
 Photos: Johanmia
 Event: Paris Fashion Week
 Organized by: Madison Harley

R U N W A Y

Issue - No. 42

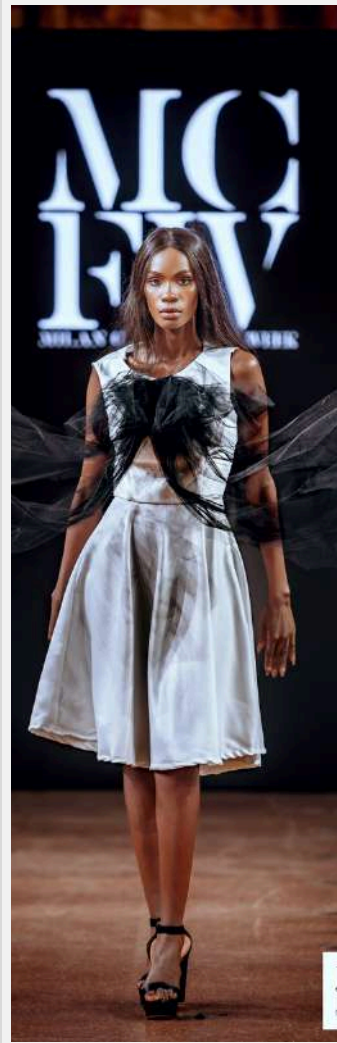
**Design: Lydija of Denmark
Event: Milan Fashion Week
Organized by: Milan City
Fashion Week**



LOOKBOOK



October 2024



BEYOND THE CATWALK

Rocking the world runway

Design: Dem Dillon
Event: Paris Fashion Week
Organized by: Madison Harley
Photos: Johanmia

Design: Hopeless Cause
Event: Milan Fashion Week
Organized by: Milan City Fashion Week
Photos: Loic Mauvoisin

Design: Leo Almond
Event: Paris Fashion Week
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Photos: Custer Aranas



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EXCLUSIVE INTERVIEW WITH

QUEEN CHAMBERLIN ESTHER

1ST RUNNER UP, MOST VIBRANT
QUEEN INTERNATIONAL
DYNAMIC

CAN WE MEET YOU?

Thank you very much, My name is Esther chamberlin Bassey from Effiat community in Mbo Local government area of Akwa Ibom State. A 400level student of Electrical Electronics Engineering in the University of Cross River State, Calabar. I'm passionate about promoting cultural heritage and being a voice of change

HOW DOES IT FEEL EMERGING THE 1ST RUNNER UP OF THE PRESTIGIOUS CROWN?

It feels great and I'm grateful to God for the ample opportunity

WHAT MOTIVATED YOU TO CONTEST FOR MOST VIBRANT QUEEN INTERNATIONAL?

I've always wanted to do something and grow higher and MVQI 2023 gave me the leap to contest.

WHAT WERE THE CHALLENGES YOU FACED DURING THE CONTEST AND HOW YOU OVERCAME THEM?

Wow, the major challenge I had was the finances to get everything and every task done but I overcame it by being honest with people around me and telling it to God, he blessed me with the gift of men.

WHAT WOULD YOU SAY STOOD YOU OUT FROM OTHER CONTESTANTS?

Hardwork, determination, diligence and consistency. These are what made me stand out from other contestants .

DID YOU FEEL YOU DESERVED TO BE THE MAIN WINNER?

Yes I really did feel that. I have realized that winning is winning regardless the position.

HOW DID YOUR FAMILY AND FRIENDS REACTED TO YOUR NEW ACHIEVEMENT?

Well, my family was and is my number one support system, their prayers, words of encouragement meant the world to me. They were so happy and on getting home I was welcomed with so much love.

WHAT PROJECT DO YOU HAVE IN MIND TO CARRY OUT?

As a beauty Queen, we are known for humanitarian services. Like I said while introducing myself, I am a voice of change, I want to be a leader who will lead by example and groom individuals to be exceptional. I'll host awareness campaigns and outreaches, advocate for Zero hunger and create an impact in the lives of people around me.

WHO IS YOUR ROLE MODEL AND WHY?

My role model is my mother, Mrs. Ekaete Chamberlin. She is a teacher who is beautiful, strong, determined, caring, loving and understanding sweet soul. She inspires me by her words and actions.

SO WHAT IS NEXT FOR YOU?

What's next for me is me, building myself to the standard I aspire to.





WHICH BRANDS ARE LOOKING FORWARD TO WORK WITH?

I am open to opportunities with brands that works in line with my values.

WHERE DO YOU SEE YOURSELF IN THE NEXT 5 YEARS?

I see Esther Chamberlin as a determined young woman making a difference.

ANY ADVICE FOR ASPIRING PAGEANT MODELS DREAMING OF BECOMING A BEAUTY QUEEN?

Yes yes yes, DEFINE YOU. These words have kept me going since the first day I decided to be a beauty Queen. When you define who you are you'll understand where, when, how, why, what you are. When you can know all these, develop the spirit of hard work and be consistent.



My mother is my role model. She is a teacher who is beautiful, strong, determined, caring, loving and understanding sweet soul. She inspires me by her words and actions.

SKINCARE ESSENTIAL

What Is Niacinamide?

Niacinamide is a form of vitamin B3 that helps to soothe redness, reduce hyperpigmentation and aid in hydration, per the National Center for Biotechnology Information (NCBI). The great thing about topical niacinamide is that it has minimal side effects, per the NCBI. Furthermore, Dr. Henry recommends the ingredient for its soothing and anti-

inflammatory properties, and for those with sensitive skin. "It contributes to moisturizing the skin, and it also contributes to fortifying the skin barrier and reducing inflammation," she says.

What Is Vitamin C?

Vitamin C is an antioxidant known for its brightening and anti-aging abilities in topical skin care applications, per the [NCBI](#). There's a good chance you already use a vitamin C serum or moisturizer in your morning routine to fight hyperpigmentation and dullness. There are many different forms of vitamin C found in topical skin care; L-ascorbic acid is vitamin C in its strongest and purest form, and it's highly effective in topical skin care applications, per the NCBI.

Can You Use Niacinamide With Vitamin C?

For years, it was recommended to use niacinamide and vitamin C in separate



routines because vitamin C formulations weren't always stable, Dr. Henry says. Furthermore, per the Indian Dermatology Online Journal, when a vitamin C formula isn't stable, it's not as effective on the skin, and when you pair it with certain ingredients, like niacinamide, that can make both ingredients ineffective. Vitamin C serums can become unstable when the formula is exposed to air and sunlight. A good indication that your vitamin C serum is no longer stable is if it becomes a dark, amber color.

Today, formulations have improved and sometimes, niacinamide can be successfully paired with vitamin C, but you really have to pay attention to the products you're using. In fact, it's highly situational, but your best chance is to use vitamin C serum and niacinamide serum formulated to be used together. L'Oréal Paris recommends using L'Oréal Paris Revitalift Derm Intensives 12% Pure Vitamin C + E + Salicylic Acid Serum and L'Oréal Paris Bright Reveal 12% [Niacinamide + Amino Sulfonic + Ferulic Acid] Dark Spot Serum in the same routine to target dullness and dark spots. This way, you can confidently use both in the same regimen because the brand has formulated them with the intention to pair if needed.



4 ESSENTIAL STEPS TO BECOME A FASHION MODEL

Do you dream of being on the glossy covers of top fashion magazines or being the face of top fashion brands? If yes, you are not alone. Becoming a fashion model is an aspirational path that has delighted the hearts of countless candidates. But in today's competitive world, you need careful planning, preparation, and a lot of dedication to start a career as a fashion model.

So, if you're ready to take a step toward your dream career, read on! In this blog post, we will provide four essential steps to set you on the right track.

Let's get started!

ENHANCE YOUR APPEARANCE

If you're an aspiring fashion model, understand that your overall appearance plays a significant role in this competitive industry. This means along with a clear face, having a toned body is also essential.

To achieve a sculpted physique, you can consider one of the body contouring treatments like breast lift, tummy tuck, abdominoplasty, and much more. Similarly, for enhancing your facial beauty, there are various treatments to consider, such as a facelift, brow lift, or rhinoplasty.

However, make sure to consult with professionals who can provide guidance tailored to your unique needs and goals. Note - Regardless of whichever cosmetic treatment you undergo, it is essential to maintain a healthy lifestyle to retain the results of treatments and boost your overall well-being.

DEVELOP MODELING SKILLS

Once you have that model appearance, the next step is to work on the skills you need to become a model. These include the art of posing, ramp walking, and facial expressions.

Of course, to hone these skills, you need to practice a lot. You can do this in front of a mirror to see what works best for your body type and face. While practicing on your own is crucial, study the work of successful models and observe their poses, walks, and expressions.

If you have the opportunity, consider seeking professional modeling training. Guidance from experts can provide valuable feedback and help refine your skills.



BUILD YOUR PORTFOLIO

A modeling portfolio is essential, as many potential studios will look at it before deciding to work with you. It is your visual resume showcasing your potential and versatility as a model.

For this, research to find reputable photographers who can capture your best angles. Moreover, share your aspirations and ideas with them for the shoot.

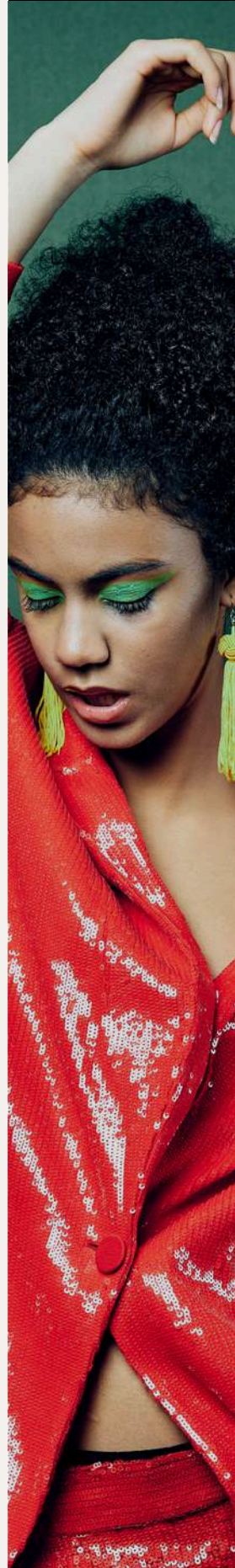
Lastly, when selecting photos for your portfolio, aim for a diverse range of shots that highlight your versatility. Include beautiful headshots and full-body shots that display your physique, posture, and facial expressions.

NETWORK AND FIND OPPORTUNITIES

Networking plays a crucial role in the fashion industry. It opens doors to valuable connections and opportunities.

The best way to network is by attending fashion shows, industry events, and workshops to meet photographers, designers, and agents. Attending these events is not enough; make efforts to introduce yourself, exchange contact information, and follow up after the event. You can start seeking out job opportunities online as well. For example, if you are interested in getting steady jobs, you can do a search to see what is available and start applying. Check out more at premiummodelsapp.com

Additionally, look for opportunities to promote yourself that could get you noticed by potential clients. For example, collaborating with upcoming designers so that they give you some exposure by featuring you in their social media or portfolio.



COVER INTERVIEW WITH

QUEEN FAITH UDEME

2nd Runner Up,
Most Vibrant Queen
International Amity

TELL US ABOUT YOURSELF?

My name is Faith Onyinyechi Uduma. I'm 23 years old, from Abia State, Nigeria. A graduate of Abia State University from the department of economics. I'm an entrepreneur and I love reading a lot. I love to see people around me happy so I try my best to make good impact wherever I go. I'm a social butterfly.

HOW DO YOU FEEL EMERGING THE 2ND RUNNER-UP OF MOST VIBRANT QUEEN INTERNATIONAL?

I feel elated because it's a dream come true.

WHAT WERE THE CHALLENGES YOU FACED DURING THE CONTEST AND HOW YOU OVERCAME THEM?

Inferiority complex and low self esteem. At some point I felt discouraged and I saw other contestants as threat. But I believed in myself and God. I gave myself daily affirmations never to give up.

WHAT WOULD YOU SAY STOOD YOU OUT FROM OTHER CONTESTANTS?

My confidence and Faith and I looked forward to my victory.





HOW DID YOUR FAMILY AND FRIENDS REACTED TO YOUR NEW ACHIEVEMENT?

Their reaction was a positive one as they were proud of me and happy that I could attain that feat.

HOW PREPARED ARE YOU FOR THE TASK AHEAD?

I am ready, willing and good to go.

WHAT PROJECT YOU HAVE IN MIND TO CARRY OUT?

Students comfort. To provide lockers to some school that don't have any equip their classrooms. Visitation to the motherless and a seminar class for upcoming models.

WHO IS YOUR ROLE MODEL AND WHY?

My elder sister (Uduma Favourlyn Ezinne) because she shows and play a role of a good leader and mentor. She doesn't believe in giving up.

WHAT'S YOUR MODELING JOB DREAM?

My dream modeling job is not just beauty pageant but would be a role of where I can contribute to innovative projects and also setup a fashion brand showcasing the significant impact in ladies. This will help me grow my skills rapidly.

WHICH BRANDS ARE LOOKING FORWARD TO WORK WITH?

MBGN.

WHERE DO YOU SEE YOURSELF IN THE NEXT 5 YEARS?

I see myself as a successful woman. A philanthropist and a CEO of a great modelling brand

FOURWALL MAGAZINE



Origins of the Beauty Pageant Contests to determine "who is the fairest of them all" have been around at least since ancient Greece and the Judgment of Paris. According to legend, a poor mortal goatherd, Alexandros (Paris), was called upon to settle a dispute among the goddesses. Who was the most beautiful: Hera (Juno), Aphrodite (Venus), or Athena (Minerva)? All three goddesses offered bribes: according to the writer Apollodorus, "Hera said that if she were preferred to all women, she would give him the

BEAUTY PAGEANT ORIGINS AND CULTURE

kingdom over all men; and Athena promised victory in war, and Aphrodite the hand of Helen." When Paris selected Aphrodite in exchange for getting Helen of Troy, the most beautiful mortal of the time, he inadvertently started the Trojan War. While ancient Greeks memorialized in myth the complicated relationship between beauty and competition, there is no historical

evidence that they actually held contests for women. A "contest of physique" called the euandria was held yearly at an Athenian festival — but the contest was for men. European festivals dating to the medieval era provide the most direct lineage for beauty pageants. For example, English May Day celebrations always involved the selection of queens.

In the United States, the May Day tradition of selecting women to serve as symbols of bounty and community ideals continued, as young beautiful women participated in public celebrations. When George Washington rode from Mount Vernon to New York City in 1789 to assume the presidency, groups of young women dressed in white lined his route, placing palm branches before his carriage. General Lafayette's triumphant tour of the United States in 1826 also was greeted by similar delegations of young women.

INTERVIEWING TIPS FOR A MODELING CAREER.

Working through an agency is the most common way for a model to get work. Doing well in a modeling interview is key to getting your foot in the door. Whether you were contacted by the agency or are going in on your own accord, you need to present yourself in the best light to make a lasting impression. This means you'll have to rely on more than just your good looks to ace the interview. Prepare with our interviewing tips for a modeling career!

Do Your Research

Research the agency, so you know what kind of models they represent as well as what their body style, portfolio, and other requirements are. This ensures you fit the criteria and are well-prepared for the interview. Many agencies put this information on their website, but you can also call them.

Prepare a Portfolio

A portfolio is one of the most effective tools an aspiring model has. Agencies may specify the number and type of photos you need to have in your portfolio. The minimum is generally one portrait photo and one in upright body position. You can also include simple poses such as sitting, profile and looking over your shoulder. You usually don't have to smile, but you may wish to have some pictures with varying facial expressions to show versatility. The clothing you wear should be tight-fitting, such as swimwear, tank tops, and skinny jeans. Do not wear any make-up in the shots, as the agency needs to see how you look completely natural.

Prepare a Resume

This document provides the interviewer with the most pertinent information about you at-a-glance. It contains information on your past modeling work, any training as an actor or any awards. Also a list of shows or publications you've appeared in, as well as any educational background you have in fashion or a related field. You can also include your body measurements, including height, weight, bust, waist, hips, inseam, dress size and shoe size. Some agencies though require you to put this information in a separate document called a "comp card".

Take Care of Your Appearance

Your hair, nails, and skin must be clean, neat and free of blemishes. You will want to look as natural as possible, so use a sparing amount of make-up. This may include a little bit of foundation, mascara, eye shadow, and lip gloss.

Practice Modeling

The interviewer will assess how well you pose and walk, so practice beforehand to make sure you've at least got the basics down. Watch videos and look in magazines to get ideas for poses, facial expressions and how to walk a runway. Try things out in a mirror to make sure it looks good, then ask family members and friends to watch and give you some pointers. Practice maintaining your composure in any situation.

Think of Answers to Common Questions

Modeling interviews usually involve some standard questions. These most often include questions about how long you've been modeling, any especially notable shows or publications you've appeared in. It may also be about the type of modeling you want to do (e.g. commercial, fashion, etc.), and why you want to work with that particular agency.

Exclusive:

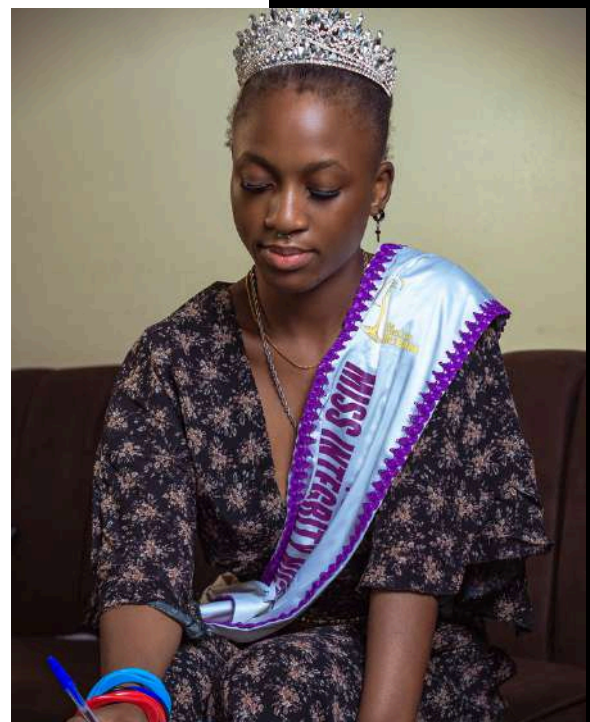
MEET QUEEN EMMANUELLA NWACHUKWU

Miss Integrity Top Model 2024

Emmanuella Nwachukwu is a model and a beauty queen. Born on June 23, 2003, in Delta State and now based in Lagos.

Emmanuella Nwachukwu's journey reflects her passion for fashion and creativity. She spent her early years in Oyo State, Ibadan, where she completed her primary education before finishing secondary school in Enugu State.

Currently a first-year student at Lagos State University, Emmanuella is pursuing a degree in Theatre Arts. Her love for fashion began at a young age, and despite challenges, she has remained dedicated to her passion. Though she hasn't yet had the chance to work with a modeling or fashion agency, Miss Integrity Nigeria has provided her with an incredible opportunity to showcase her talents.



During her time between secondary school and university, Emmanuella expanded her skills by learning hair styling, nails, and pedicure, further deepening her connection to the fashion world. Her leisure time is filled with trying on different outfits, capturing moments through photography, reading to stay focused, and immersing herself in music.

With a strong sense of determination and a keen eye for fashion, Emmanuella is committed to making her mark in the industry. She may not have achieved all her goals yet, but her journey is just beginning, and she's working tirelessly towards her dreams.

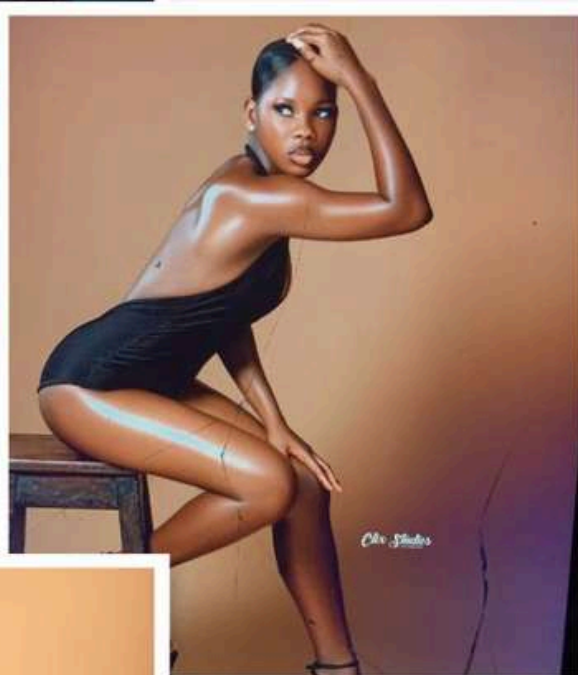
She draws inspiration from fashion icons, runway shows, and the vibrant street styles she encounters in her city. Emmanuella's friends often seek her advice on the latest trends, knowing her knack for effortlessly blending classic elegance with contemporary flair.

Her social media platforms are a testament to her growing influence, filled with curated posts that showcase her unique style and creative projects. Emmanuella's followers eagerly await her updates, drawn to her authenticity and the passion she exudes in every endeavor.

Emmanuella believes that knowledge is a powerful tool that will complement her practical skills and propel her forward in the competitive fashion industry.



Model Brand



A modeling portfolio is a collection of photographs that highlights a model's style range and ability. It is essentially a resume that showcases a model's strengths and experiences while establishing a good first impression among modeling clients.

BE DIFFERENT

When it comes to portfolio, choosing the right pictures can make all the difference. A good picture not only about beauty but also reflects your personality and values. With so many models out there, its always overwhelming to be the chosen one.

FOURWALL
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Our online portfolio platform is suitable for creating and sharing professional portfolios for modeling or any other industry. One of its unique features is the convenience of creating and maintaining an online portfolio, a digital resume, and a user profile (serving as a personal website/social media) all in one place.

Exclusive:



MEET QUEEN CYNTHIA CHIMA

Miss Amity
Integrity 2024

Cynthia Chima, hailing from Ebonyi State, is a dedicated and compassionate individual with a deep passion for education. Born and raised in the

vibrant city of Anambra, Cynthia developed a strong curiosity and an insatiable desire to learn from an early age. Her academic journey has been marked by success, where she not only excelled in her studies but also gained invaluable experience that shaped her resilience.

Cynthia's hobbies reflect her multifaceted personality. She has a love for cooking, a passion for knitting, a keen interest in fashion, and a deep appreciation for music. As she continues to pursue her passions, Cynthia is committed to making a meaningful impact in her community and inspiring others along the way.





With a unique blend of skills, experiences, and an unwavering passion, Cynthia Chima is confident in her ability to achieve her goals and leave a lasting legacy.

Her journey began in town where she discovered her love for fashion at an early age. Through dedication and hard work, Cynthia excelled in her journeying in modeling, currently emerged Miss Amity Intergrity at the just concluded Miss Intergrity 2024.

She embarked on a career that saw her breaking barriers and setting new standards in her field. She worked on innovative projects that pushed the boundaries of what was possible, earning accolades and respect from her peers. But her ambitions didn't stop there.

Cynthia believed in giving back to the community that supported her growth. She initiated several mentorship programs aimed at empowering young women to pursue careers in STEM. Her efforts have inspired countless individuals, helping them to realize their potential and strive for excellence.

Now, as she stands on the brink of new ventures, Cynthia continues to dream big. With each step she takes, she is not only achieving personal success but also paving the way for future generations. Her story is a testament to the power of perseverance, vision, and the impact one person can make in the world.

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MODEL PORTFOLIO:

HOW TO CREATE A MODEL PORTFOLIO



A professional model portfolio can help you secure a modeling agent, book modeling work, and achieve your career goals. Learn the elements of a great model portfolio and how to build your portfolio book step-by-step.

What Is a Model Portfolio?

A model portfolio, or modeling portfolio, is a digital or printed photo book used in the modeling industry by professional models and their agents to demonstrate a model's look, body type, versatility, and abilities. Aspiring models use portfolio books to gain representation from modeling agencies, display examples of their work to potential clients, and build their modeling careers.

7 Key Elements of a Model Portfolio

When creating your portfolio, choose the best photos to represent your look. Depending on the type of model you'd like to become, a professional model portfolio includes some or all of the following elements:

- 1.1. Beauty shot: If you hope to excel in fashion modeling, you may want to include a beauty shot using a professional hair stylist and makeup artist to achieve the types of photos found in fashion magazines. Unlike your headshot, which should show your natural look, beauty shots can display more dramatic looks and different hairstyles.
- 2.
- 3.2. Contact information: Include your contact information so potential clients and modeling agents can reach you. Include your email address, phone number, social media handles, and general location (such as New York or Los Angeles).



1.3. **Emotional shots:** If you want to be a commercial model, you'll want to include photos that display a range of facial expressions, from happy, smiling shots to serious, dramatic looks.

1.4. **Full-length shot:** Also known as a body shot, this photo shows your body type and physique. If you want to be a commercial model, include full-body pictures of yourself in different outfits. Many high fashion models have a swimsuit shot in their modeling photos.

1.5. **Headshot:** A good headshot shows your face and hair from the shoulders up. This photo should display a natural and honest look without heavy makeup or styling distortion.

1.6. **Location shot:** If you hire a professional photographer for your portfolio photo shoot, they can help you choose various locations for your photos that best suit the type of modeling you hope to pursue.

1.7. **Statistical information:** Include informational stats about yourself, such as your age, body measurements, and hair and eye color. If you have any physical features you think a potential client might want to know about, like tattoos, include that information, too.

How to Build a Model Portfolio

To build your model portfolio, follow this step-by-step guide:

1.1. **Choose your type of modeling.** As a beginner model, you'll want to choose the type of modeling you'd like to

pursue, such as fashion, commercial, or fitness. If you work with a modeling agent, they likely know what their clients want.

1.2. Find a professional photographer.

Though you might initially be able to get away with having a friend take photographs for your portfolio, you'll want a professional to achieve the best shots. "There's the misconception of when you start modeling, you have to pay tons of money to a photographer, rent a studio," Naomi Campbell says. "That's not true. If the model agent likes what they see and they would like to pursue you as being a model that works with their agency, then they will guide you [and] call a reputable photographer that they know."

1.3. **Make a plan of action.** Research other model portfolio examples and confer with your photographer and agent to determine the exact shots and looks you'd like to achieve for your photoshoot. Having a plan of attack will save you time on the day of the shoot and ensure you have every type of photo you need for your portfolio.

1.4. **Choose your wardrobe.** Depending on the type of modeling you want to do, you may already have the clothing you need for your photoshoot. According to supermodel Naomi Campbell, the "model uniform" is a fitted T-shirt and jeans. If you work with an agency, they may have a wardrobe stylist to supply you with great outfits.



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